

Life Management

PURPOSE: *Life Management prepares students to establish and maintain a satisfying living unit beyond their family of origin.*

HIGH ACHIEVEMENT UNIT OUTCOMES:

Outcome I: *Managing in Today's World* **Components:**

Unit 1–Managing in Today's World

- 2.1.2 Examine how individuals and families make choices to satisfy needs and wants.
- 2.5.1 Examine the use of resources in making choices that satisfy needs and wants of individuals and families.
- 2.6.1 Examine the need for personal and family financial planning.
- 2.6.2 Apply management principles to individual and family financial practices.
- 2.6.3 Apply management principles to use of credit for individuals and family.
- 2.6.4 Apply management principles in the use of savings, investments, and insurance for individual and family financial practices.
- Explain and apply the management process.
- Explain the importance of time management.
- Describe how to use a budget, as well as adjust a budget for actual use.
- Explain the need for various types of insurance.
- 1.1.1 Examine policies, issues, and trends in the workplace and community that impact individuals and families.
- 1.1.6 Determine skills and knowledge needed to develop a life plan for achieving individual, family, and career goals.
- 1.2.3 Determine skills that provide beneficial services to the community.
- 1.2.4 Apply management and planning skills and processes to organize tasks and responsibilities.

Outcome II: *Consumerism* **Components:**

Unit 2-Consumerism

- 2.3.3 Examine skills used in seeking information related to consumer rights.
- 2.4.2 Examine how media and technological advances impact family and consumer decisions.
- Analyze the factors affecting consumer buying decisions.
- Analyze the impact of information technology on the lives of consumers.
- Explain the role of advertising in promoting goods and services.
- Identify how advertising influences consumer spending.
- Evaluate various types of advertising.
- Analyze the pros and cons of using credit.
- Describe establishment and use of credit.
- Identify consumer protection laws.
- Describe your consumer rights and responsibilities.

Outcome III: *Surviving in the Kitchen* **Components:**

Unit 3-Surviving in the Kitchen

- 14.3.3 Demonstrate ability to select, store, prepare, and serve nutritious and aesthetically pleasing foods.
- 14.4.1 Determine conditions and practices that promote safe food handling.
- 14.4.2 Appraise safety and sanitation practices throughout the food chain.

Outcome IV: On Your Own

Components:

Unit 4-On Your Own

- Describe personal safety techniques.
- Explain steps in auto maintenance.
- Evaluate community resource and opportunities.

Outcome V: A Place to Call Home

Components:

Unit 5–A Place to Call Home

- 2.1.5 Implement decisions about housing and furniture.
- Explain the need for insurance related to housing.

Outcome VI: Career Decisions

Components:

Unit 6–Career Decisions

- 1.2.1 Examine potential career choices to determine the knowledge, skills, and attitudes associated with each.
- Demonstrate job seeking and job keeping skills.
- 1.2.2 Apply communication skills in community and workplace settings.
- 1.2.3 Demonstrate teamwork skills in community and workplace settings.
- 1.2.6 Demonstrate leadership skills and abilities in the community and workplace.
- 1.2.7 Examine factors that contribute to maintaining a safe and healthy work and community.
- 1.2.8 Demonstrate work ethics and professionalism.

Outcome VII: Personal Leadership Skills

Standard: Personal Leadership Skills

- I.2 Display courtesy, tactfulness, and patience.
- II.1 Evaluate personal traits (including initiative, self-esteem, creative thinking, adaptability, and motivation).
- III.1 Value diversity, practice tolerance and acceptance, and work cooperatively toward common goals.
- III.3 Use the following communication techniques to achieve personal and professional goals: active listening; body language/nonverbal communication, correct verbal expressions; eye contact; reflection of feelings; silence when appropriate; prepared speaking.
- III.7 Ask appropriate questions to clarify another’s communications.
- IV.3 Apply one or more problem-solving processes to a given situation(s).
- VIII.1 Define goals, identify priorities, and establish objectives for a project.
- VIII.2 Accept responsibility for personal decisions and actions.
- IX.1 Cooperate and comprise through teamwork and group participation.
- X.2 Recognize and celebrate the accomplishment of others.

- X.3 Utilize the resources and talents of all organization members.
- X.5 Demonstrate cooperative behaviors to contribute to one another's success.
- VI.1 Establish and examine personal short- and long-term goals, including resources needed to reach these goals.

Outcome VIII: Career Development Skills

Standard–Career Development Skills

- II.2 Prepare and deliver a presentation appropriate to subject matter, purpose, and audience.
- I.4 Analyze a speaker's point of view.
- II.4 Participate in group communication activities
- III.1 Estimate, apply, and solve problems involving fractions, decimals, percentages, and real numbers
- III.2 Decide whether a problem situation is best solved using computer, calculator, paper and pencil, or mental arithmetic/estimation techniques.
- IV.2 Check, edit, and revise for correct information, appropriate emphasis, grammar, spelling, and punctuation.
- IV.4 Compile and maintain records, logs, lab notebooks, and other documentation.
- V.2 Compose, organize, and edit information using a computer.
- V.5 Select and use subject-specific and industry-specific software.
- VI.1 Perform a self-assessment:
 - a. Personal goals
 - b. Standards and values
 - c. Needs/wants
 - d. Strengths/weaknesses
 - e. Interests/talents
- VI.5 Demonstrate interpersonal skills:
 - a. Tact and diplomacy
 - b. Respect for others
 - c. Respect for diversity
 - d. Recognition of others' strengths
 - e. Positive assertiveness
 - f. positive attitude