

NINTH GRADE SECTION

PURPOSE:

Students will: demonstrate and explain the need for positive daily hygiene; demonstrate application of hand barriers for emergency situations; identify emergency procedures for tornado and fire emergencies; describe general emergency care concepts and identify community safety agencies; describe and show disease prevention measures; identify and demonstrate proper technique for conscious obstructions of airways, rescue breathing and one rescuer adult CPR; examine and understand rescue measures for shock and severe bleeding; identify values, proper steps to decision making and examine areas of self-esteem; discuss gender roles and the effects on society; identify and label the various parts of the female and male anatomy; identify signs and symptoms of emotional abuse; identify and label the parts of the female and male anatomy; identify and describe various sexually transmitted diseases; identify and describe various methods of contraception; identify how culture and peer pressure affect adolescent behavior; examine measures to use for short and long term goals

HIGH ACHIEVEMENT UNIT OUTCOMES:

Outcome 1:

Hygiene: Students will explain the need for and demonstrate when applicable daily practices that maintain good health, including hand washing, bathing and deodorant use.

Components:

1. Define good health.
2. List components of good health.
3. Demonstrate proper hand washing techniques.
4. List positive hygiene practices.

HIGH ACHIEVEMENT UNIT OUTCOMES:

Outcome 2:

Safety: Students will identify and describe services provided by community safety personnel with special attention given to firemen, police, and emergency medical service personnel. Students will identify potential signs and symptoms of emotional abuse and dating relationships.

Components:

1. Identify emergency personnel.
2. Compare responsibilities of different emergency services.
3. Define emotional abuse.
4. List causes of emotional abuse.
5. List signs and symptoms of emotional abuse.
6. Describe treatment for emotional abuse.
7. Analyze behavior that will enhance dignity, respect, and responsibility in a dating relationship.
8. Examine strategies for maintaining safe and healthy dating relationships.

HIGH ACHIEVEMENT UNIT OUTCOMES:

Outcome 3:

Emergency Prep: Students will explain and demonstrate appropriate behaviors with regard to emergency measures in case of tornadoes, fire and other emergencies.

Components:

1. Identify emergency procedures for tornado and fire emergencies.
2. Describe general emergency care concepts and identify community safety agencies.
3. Describe the EMS system and activation.
4. Demonstrate how to properly check for integrity of emergency barriers.
5. Demonstrate how to properly remove emergency barriers.
6. Describe and show disease prevention measures.
7. List appropriate measures for elimination of contaminated barriers.
8. Identify and demonstrate proper technique for conscious obstructions of airways.
9. Identify and demonstrate proper technique for rescue breathing.
10. Identify and demonstrate proper technique for one rescuer adult CPR.
11. Examine and understand rescue measures for shock and severe bleeding.

HIGH ACHIEVEMENT UNIT OUTCOMES:

Outcome 4:

Health Promotion: Students will explain and identify guidelines associated with the Human Sexuality Program “Sex Can Wait”.

Components:

1. Identify values.
2. Examine areas of self-esteem.
3. Discuss gender roles and the effects on society.
4. Identify and label the various parts of the female anatomy.
5. Identify and label the various parts of the male anatomy.
6. Identify and describe various sexually transmitted diseases.
7. Identify and describe various methods of contraception.

HIGH ACHIEVEMENT UNIT OUTCOMES:

Outcome 5:

Culture: Students will identify sources of peer pressure. Students will identify and discuss the influence of TV and other media sources on peer pressure.

Components:

1. Identify sources of peer pressure.
2. Describe origins of peer pressure.
3. Discuss how various forms of TV and other media sources affect adolescent behavior.

4. Identify how culture and peer pressure affect adolescent behavior.
5. List consequences of negative peer pressure.
6. List benefits of positive peer pressure.
7. Discuss remedies for adolescents influenced by peer pressure.

HIGH ACHIEVEMENT UNIT OUTCOMES:

Outcome 6:

Decision Making: Students will identify the appropriate steps to decision making. Students will demonstrate the steps to decision making.

Components:

1. Define good decision making.
2. List the five steps of decision making.
3. Analyze various scenarios of adolescent situations and describe positive decision making skills.