

# FIRST GRADE SECTION

## PURPOSE:

**Students will:** explain and demonstrate practices that maintain good health; identify and describe community services; explain and demonstrate proper use of every day items; explain and demonstrate correct behaviors in an emergency; explain and demonstrate correct practices associated with drugs and illegal substances; and identify dangerous practices.

## HIGH ACHIEVEMENT UNIT OUTCOMES:

### Outcome 1:

**Hygiene:** Students will explain the need for and demonstrate daily practices that maintain good health, to include hand washing, tissue use, covering the mouth when coughing, brushing teeth, and using the toilet properly.

### Components:

1. explain benefits of hand washing
2. demonstrate proper hand washing
3. demonstrate proper use and disposal of tissues
4. demonstrate proper ways to cover mouth when coughing
5. explain benefits of and techniques for brushing teeth
6. explain the proper use of the toilet.

## HIGH ACHIEVEMENT UNIT OUTCOMES:

### Outcome 2:

**Safety:** Students will identify and describe the services provided by community safety personnel with particular attention given to firemen, police, and emergency medical technicians. Students will explain and demonstrate safety practices associated with the proper use of toys, matches and other potentially hazardous objects, and what to do in a fire.

### Components:

1. Identify emergency situations such as fire and tornado.
2. Explain appropriate behaviors regarding fire and tornado emergencies.
3. Demonstrate evacuation procedures for fire and tornado emergencies.
4. Identify bleeding, choking, and airway emergencies.
5. Demonstrate the use of 911 EMS.

## HIGH ACHIEVEMENT UNIT OUTCOMES:

### Outcome 3:

**Emergency Prep** Students will explain and demonstrate appropriate behaviors with regard to emergency measures in case of tornadoes or fire. They will also explain and demonstrate appropriate behaviors when someone is injured.

### Components:

1. Identify emergency situations such as fire and tornado.
2. Explain appropriate behaviors regarding fire and tornado emergencies.
3. Demonstrate evacuation procedures for fire and tornado emergencies.
4. Identify bleeding, choking, and airway emergencies.
5. Demonstrate the use of 911 EMS.

## HIGH ACHIEVEMENT UNIT OUTCOMES:

### Outcome 4:

**Health Promotion:** Students will explain and describe the categories of the food pyramid. They will also explain services provided by nurses and doctors.

### Components:

1. Define the food pyramid.
2. Explain the categories of the food pyramid.
3. Explain the services a nurse may provide.
4. Explain the services a doctor may provide.

## HIGH ACHIEVEMENT UNIT OUTCOMES:

### Outcome 5:

**Culture:** Students will define bullying, self-esteem, peer pressure. They will also list characteristics of the families.

### Components:

1. Define bullying.
2. Define Self-Esteem.
3. Define Peer Pressure.
4. Explain characteristics of a family.